

CURRICULUM VITAE

Ariel A. McField, Ph.D.
Department of Psychology
Texas State University

Academic Appointments

2023- Present **Texas State University**, San Marcos, TX
Assistant Professor of Psychology
Department of Psychology

2021- 2023 **University of Texas Permian Basin**, Odessa, TX
Assistant Professor of Clinical Psychology
Department of Psychology

Education

August 2021 **Prairie View A&M University**, Prairie View, TX
Doctor of Philosophy, Clinical Adolescent Psychology

July 2021 **Boys Town Behavioral Health**, Grand Island, Nebraska
Pre-Doctoral Internship, Outpatient Clinic

May 2016 **University of Arkansas at Little Rock**, Little Rock, AR
Master of Social Work

May 2013 **University of Central Arkansas**, Conway, AR
Bachelor of Arts, Psychology; Minor in Addiction Studies

Publications

*Indicates student author

Peer-Reviewed Journal Articles

*Brown, J.G., **McField, A.A.**, *Viltz, A. L., & Oberle, C.D. (2026). Vicarious intergroup contact and awareness of discrimination via television shows to reduce explicit and implicit prejudice. *Journal of Race and Social Problems*. -Impact Factor 1.4

McField, A. A., Rogers, M. L., *Wilson, K., & Oberle, C. D. (2025). Campus climate and belonging explain the relationship between DEI initiatives and mental health of LGBTQ college students. *Journal of American College Health*. -Impact Factor 1.5

*Shiva, T. A., *Brown, J. G., **McField, A. A.**, Osborne, R. E., & Oberle, C. D. (2025). Cultural associations with prosocial behaviors and attitudes among Asian Americans. *Asian American Journal of Psychology*. -Impact Factor 2.8

*Umanzor, M. J., *Guerrero, D. J. R., Osborne, R. E., **McField, A. A.**, & Oberle, C. D. (2024). Attitudes on affirmative action targeted to help Black and Hispanic individuals: The roles of knowledge, race, and perceived discrimination. *Analyses of Social Issues and Public Policy*, 24(3), 734-756. – Impact Factor 1.8

McField, A. A., Lawrence, T. I., & *Okoli, I. C. (2023). Examining the relationships between cyberbullying, relational victimization, and family support on depressive symptoms and substance use among adolescents. *Clinical child psychology and psychiatry*, 28(1), 224-236.- Impact Factor-2.0

Lawrence, T. I., **McField, A. A.**, Byrne, M. M., S. Tarver, S., & *Stewart, T. K. (2023). Depression and substance use as consequences of exposure to family violence: A moderation mediation and self-medication hypothesis study. *Journal of Child & Adolescent Trauma, 16*(1), 69-79. **-Impact Factor 2.0**

Lawrence, T. I., Merrin, G. J., & **McField, A. A.** (2022). Family violence and adolescent aggressive behavior: The direct and indirect effects of depression and substance use. *International journal of mental health and addiction, 1*-14.

Lawrence, T. I., & **McField, A. A.** (2022). Does conduct, oppositional defiant, and panic disorder symptoms associate with suicidal ideations among African American adolescents? *Journal of Child & Adolescent Trauma, 15*(4), 1179-1189. **-Impact Factor 2.0**

Lawrence, T. I., **McField, A.**, & *Freeman, K. (2021). Understanding the role of race and procedural justice on the support for police body-worn cameras and reporting crime. *Criminal Justice Review, 48*(1), 48-68.

Henderson, D. X., Jabar Joseph, J., Martin, P., Mburi, M., Stanley, M., **McField, A.**, & Corneille, M. (2021). An investigation of coping in response to different race-related stressor experiences in school among racially diverse participants. *American Journal of Orthopsychiatry, 91*(2), 181. **-Impact factor 2.1**

Lawrence, T. I., Yelderman, L. A., ***McField, A.**, & Allen, L. (2021). The mediating role of commitment and relationship satisfaction on socioeconomic status and stability. *Journal of Family Strengths, 20*(1), 11.

Manuscripts Under Review

Lawrence, T., **McField, A.**, *Amador, B., & Kwok, O. (Under review, Behavioral Sciences and the Law). Testing the Onset and Growth Rate of Relational Aggression and the Effects on Adolescent Antisocial Behavior.

McField, A., & Lawrence, T. (Under review). Attachment Styles Predicting Relational Aggression: The Mediational Role of Envy.

*Wilson, K., Rogers, M. L., **McField, A. A.**, & Oberle, C. D. (under review). Indirect influences of DEI initiatives on Black college students' mental health through school climate and sense of belonging.

Manuscripts in Preparation

Lawrence, T., Yelderman, L., McField, A. (Final Revisions). The Effects of Police and Victims' Characteristics on Perceptions of Police Shootings Before and After the Racial Justice Protests of 2020: A Cognitive-Experiential Self-Theory Perspective.

Viltz, A. L., McField, A. A., Hill, T. S., Wilson, K. J., Oberle, C. (Data Collected). Development of a scale assessing attitudes toward diversity, equity, and inclusion (DEI) initiatives in higher education.

Conference Presentations

Recently Submitted Abstracts

*Viltz, A., **McField, A.**, *Hill, T., *Wilson, K., Oberle, C. (2026, abstract submitted). Assessing DEI Initiatives in Higher Education Scale Development. American Psychological Association.

*Ibuaka, A., *Amador, B., *Palmer, L., *Keller, W., **McField, A.**, & Lawrence, T. (2026, abstract submitted). Estimating the Longitudinal Associations of Post-Traumatic Stress Symptoms. American Psychological Association.

*Ibuaka, A., *Palmer, L., *Amador, B., **McField, A.**, Lawrence, T., Yelderman, L. (2026, abstract submitted). The Effects of Police and Victim Characteristics on Perceptions of Police Shootings Before and After the Racial Justice Protests of 2020: A Cognitive-Experiential Self-Theory Perspective. American Psychological Association.

*Keller, W., *Amador, B., *Palmer, L., *Bailey, L., *Ibuaka, A., Lawrence, T., **McField, A.** (2026, abstract submitted). Developmental Personal Risk Factors of Antisocial Behaviors in Adolescence. American Psychological Association.

*Keller, W., Ibuaka, A., Palmer, L., Bailey, L., Amador, B., **McField, A.**, & Lawrence, T. (2026, abstract submitted). Effects of Family Violence Exposure on Adolescent Antisocial Behavior. American Psychological Association.

*Palmer, L., *Amador, B., *Bailey, L., *Ibuaka, A., Lawrence, T., **McField, A.** (2026, abstract submitted). Estimating Adolescent Antisocial Behavior Across Race and ACE Typologies. American Psychological Association.

*Amador, B., *Bailey, L., *Keller, W., *Palmer, L., *Ibuaka, A., **McField, A.**, Lawrence T. (2026, abstract submitted). Developmental Risk of Internalizing and Externalizing Adolescent Symptoms. American Psychological Association.

*Amador, B., *Bailey, L., *Palmer, L., *Keller, W., *Ibuaka, A., Lawrence, T., **McField, A.** (2026, abstract submitted). Employment and Self-Efficacy among Women on Probation and Parole. American Psychological Association.

*Bailey, L., *Amador, B., *Palmer, L., *Keller, W., *Ibuaka, A., Lawerence, T., **McField, A.** (2026, abstract submitted). Externalizing and Internalizing Symptoms on Adolescent Antisocial Behavior. American Psychological Association.

Conferences Attended

*Guily, L., & **McField, A.** (2025, November). Attitudes Toward Involuntary Psychiatric Hospitalization: A Qualitative Analysis, Undergraduate Research Conference, San Marcos, TX, United States.

*Kent, S., *Amador, B., *Ronquillo, A., *Harris, A., Lawrence, T., **McField, A.** (2025, August). Developmental Changes and Progression of Adolescent Alcohol Use and Rule-Breaking Behavior. American Psychological Association, Denver, CO, United States.

*Amador, B., Lawrence, T., **McField, A.** (2025, August). Testing the Developmental Onset of Relational Aggression on Adolescent Antisocial Behavior. American Psychological Association, Denver, CO, United States.

*Ronquillo, A., *Amador, B., *Kent, S., *Harris, A., Lawrence, T., **McField, A.** (2025, August). Aggression and Rule-Breaking Adolescent Antisocial Behavior: The Risk Exposure to Family Violence. American Psychological Association, Denver, CO, United States.

*Shiva, T. A., *Brown, J. G., McField, A. A., Osborne, R. E., & Oberle, C. D. (2024, March 28-30). *Asian values and a bicultural identity contribute to prosociality among Asian Americans*. Southwestern Psychological Association Annual Convention, San Antonio, TX, United States.

*Umanzor, M. J., *Reyna Guerrero, D. J., Osborne, R. E., McField, A. A., & Oberle, C. D. (2024, March 28-30). *Impact of race on perceived discrimination and affirmative action attitudes*. Southwestern Psychological Association Annual Convention, San Antonio, TX, United States.

*Okoli, I., Lawrence, T., **McField, A.** (2022, November). Examining Mental Illness Symptoms Associated with Suicidal Ideations Among African American Adolescents. Texas Psychological Association 75th Convention, San Antonio, TX

McField, A., Lawrence, T., Johnson, M., & Geyen, D. (2020, August). Attitudes Toward Legalized Marijuana Among African American College Students. American Psychological Association, Virtual

Harper, G., Brown, J., Gebhard, K., **McField, A.**, Miller, R., Wade, R., & Wilson, B. (2019, June). Resilience and Resistance among Sexual and Gender Minority People of Color: Meanings, Methods, and Movements. The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

Williams, C., **McField, A.**, Martin, P. (2019, November). Interrelationships among racial identity, self-esteem, and theological orientations in African American college students. 16th Annual Pathways Student Research Symposium, Laredo, TX.

McField, A., & Martin, P. (2019, June). Theology and Community Psychology: Relevancy to Person-Environmental Fit, Research, and Practice. The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

Harris, K., Wray, J., **McField, A.**, Salim, S., & Martin, P. (2019, June). African American Faith- Based Communities and University Partnership: Faith-Based Communities Promoting Mental Health and Recovery. The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

McField, A., Franklin, T., Bowles, T., & Martin, P. (2019, June). People Have the Right to Live Free: African American Churches and the Black Lives Matter Movement. The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

McField, A., Salim, S., & Geyen, D. (2018, November). Bringing Opportunities for Sustaining Sobriety UP (BOSS UP). 15th Annual Pathways Student Research Symposium, Canyon, TX.

Barrett, J., **McField, A.**, Salim, S.H., Harris, K., & Martin, P. (2017, July). Religious participation and perceptions of discrimination: Adolescents' daily experiences. PVAMU Summer Research Experience Program Symposium, Prairie View, TX.

Young, S., **McField, A.**, Harris, K.D., Salim, S.H., & Martin, P.P. (2017, July). African American faith-based mental health initiative: Evaluating mental health wellness in African American churches. PVAMU Summer Research Experience Program Symposium, Prairie View, TX.

McField, A., Weathersby, L.A., Bowles, T., & Martin, P.P. (2017, June). Unapologetically Black and Outspoken Christians: The Black Lives Matter Movement within African American churches. The 16th Biennial Conference of the Society for Community Research and Action, Division 27, American Psychological Association, Ottawa, Canada.

Harris, K., **McField, A.**, & Martin, P. (2017, June). Overstudied and understudied: Religious experience of African American emerging adults. Poster presented at the 16th Biennial Conference of the Society for Community Research and Action, Division 27, American Psychological Association, Ottawa, Canada.

Teaching and Mentoring Experience

2023- Present **Texas State University**, San Marcos, TX
Psychopathology, Undergraduate
Psychology of Human Diversity, Undergraduate

2021-2023 **University of Texas Permian Basin**, Odessa, TX
Introduction to Counseling, Undergraduate
Psychopathology, Graduate

Practicum, Graduate
Intellectual Assessment, Graduate
Introduction to Psychology, Undergraduate, Online
Personality Assessment, Graduate
Theories of Personality, Undergraduate
Test and Measures, Undergraduate
Ethics and Cognitive Treatment, Undergraduate, Online

Theses/ Student Research Projects

2025-2027 **Texas State University**, San Marcos, TX
Chair: Ibuaka, A. (2025-2027).

2025-2027 **Texas State University**, San Marcos, TX
Chair: Keller, W. (2025-2027).

2025-2026 **Texas State University**, San Marcos, TX
Co-chair: Viltz, A. (2025-2026). Student Attitudes about the Impact of Race-Based Diversity, Equity, and Inclusion (DEI) Initiatives in Universities on Racial Climate, School Belonging, and Well-Being

2025-2026 **Texas State University**, San Marcos, TX
Committee Member: Conway, Grace (2025-2026). Examining the Relationship between Pregnancy Complications, Prenatal Worry, and Self-Esteem.

2025 **Texas State University**, San Marcos, TX
IDEA research center Mentor: Guiy, L. (2025). Community Attitudes Toward Involuntary Psychiatric Hospitalization: A Qualitative Analysis

2025 **Texas State University**, San Marcos, TX
Committee Member: Rojo, L. (2025). Maternal Communication and Psychological Well-Being of Latinx Adolescent Mothers: Potential Impacts of Self-Esteem and Age

2023 **University of Texas Permian Basin**, Odessa, TX
Chair: Espinoza, J. (2023). Prevalence of Suicide: Risk and Protective Factors among Racial, Ethnic, and Gender Minorities.

Committee Member: Vaught, M (2023). The Effects of Dehumanization and Self-Dehumanization on Resiliency in Incarcerated Populations.

Committee Member: Sessink, A. (2023). Self-Talk among Athletes

2022 *Committee Member: Tran, Q. (2022). Suicidal Risk and Protective Factors among Asian Americans.*

Committee Member: Molina, C.C. (2022). Factors Relating to the Perception of Climate Change: Assessing the Moderation of Resilience and Coping Skills on Psychological Distress.

Clinical Experience

University of Texas Permian Basin Counseling & Psychological Services, 2022-2023

Practicum Instructor

Description: Assisted students with conceptualizing therapy and assessment cases. Provided insight regarding evidence-based treatment options, ethical decision making, and cultural considerations. Wrote policy and procedural manual for practicum operations.

Boys Town Outpatient Behavioral Services, 2020-2021

Pre-Doctoral Intern

Description: Conducted intake and psychological evaluations. Provided individual and family therapy services to children, adolescents, and families. Participated in weekly didactics and individual supervision. Suicide and self-injury risk assessments were regularly conducted.

Moore Mental Health & Behavioral Services, 2019-2020

Practicum Student

Description: Provided Individual counseling and administered psychological evaluations.

Prairie View A&M University Psychology Clinic, 2018-2019

Practicum Student

Description: Provided individual counseling and administered psychological evaluations.

Private Practice (Lesajean Jennings, PsyD), 2018

Practicum Student

Description: Engaged in individual counseling and assisted with psychological evaluations.

Prairie View A&M University Counseling Center, 2017-2018

Practicum Student

Description: Provided individual counseling services and conducted intake evaluations.

Central Arkansas Veterans Healthcare System (VA), 2015-2016

Social Work Intern

Description: Developed screener for substance use disorder program. Coordinated discharge plans, connected veterans to resources, and reviewed advanced directives and living wills. Facilitated substance use groups and participated in interdisciplinary team meetings.

The Pointe Outpatient Services (School Based- Alternative School), 2014-2015

Social Work Intern

Description: Facilitated group counseling sessions. Engaged students in individual therapy and crises management.

HAVEN House (Help for Abuse Victims in Emergency Need), 2012-2015

Mental Health Paraprofessional (MHPP)

Description: Engage clients in behavior modification interventions. Assisted with crisis management and social skills training. Transported clients as needed. Trained newer staff on report writing and verbal de-escalation techniques.

Professional Service

Ad hoc Journal Reviewer

Journal of Child & Adolescent Trauma

Developmental Psychology

Journal of Clinical Psychology

Community Mental Health Journal

Journal of Ethnicity in Substance Abuse

Journal of American College Health

Regional, University, College & Department Service

2026, Graduate Student Paper Award Committee for Critical Race and Ethnicity Study (CRES), Division of the Society for the Study of Social Problems (SSSP).

Overview: Review research papers submitted by graduate students

2025, Grant Reviewer, American Psychological Foundation

Overview: Reviewed grants related to clinical research.

2025, Conference Respondent, Graduate Research Conference, Texas State University

Overview: I provided constructive feedback on the graduate students' poster presentations at the university.

2025, Psychology Day, Poster Presentations, Texas State University

Overview: I provided constructive feedback on the poster presentations of psychology students in the department.

2024- Present, Committee Member, Texas State University, Clinical Psychology Doctorate Program Proposal Committee,

Overview: The committee is responsible for researching and examining the policies of peer institution programs, as well as American Psychological Association guidelines, university guidelines, and state requirements. We are also developing a proposal to be reviewed and carve out curriculum details.

2023-2024, Committee Member, Texas State University, Belongingness and Cohesion Committee

Overview: The Committee on Belonging and Cohesion promotes community among faculty, staff, and students within the department through engagement. Activities include organizing events, talks, and disseminating useful information.

2024, Committee Member, Texas State University, Clinical Psychology Search Committee

Overview: The search committee's duties included reviewing qualified applicants and discussing departmental culture and policies.

2023, Committee member, University of Texas Permian Basin, Social Work Search Committee

Overview: The search committee's duties included reviewing qualified applicants and discussing departmental culture and policies.

2019, Founding President, Prairie View A&M University, Graduate Student Association

Overview: As the founding president, I was responsible for developing policy, appointing the executive board, and overseeing the organization's operations.

2019, Volunteer, Prairie View A&M University, LGBTQ+ Resource Office

Overview: I assisted in organizing and hosting the grand opening of the resource office.

2019, Volunteer, American Psychological Association Continuing Education session

Overview: I assisted in disseminating information and moderating continuing education sessions.

2017, Prairie View A&M University, Committee Member, Black Graduate Conference in Psychology, Research Symposium

Overview: As a volunteer, I assisted with organizing abstract submissions, moderated conference sessions, and disseminated information.

2016, Prairie View A&M University, Volunteer, Pathways Student Research Symposium

Overview: As a volunteer, I assisted with organizing abstract submissions, moderated conference sessions, and disseminated information.

Invited Lectures, Talks, Panelist

2025, Guest lecture, Counseling Diverse Populations (graduate course- professional counseling), Texas State University, Round Rock, TX

Topic: Counseling African American Populations

2024, Panel Speaker, Peace and Progress Panel Speaker, Kyle, TX

Topic: Celebrating Black History Month

2023, Guest Speaker, Counseling Career Chat, Texas State University

Topic: So, You Want to Be a Therapist? Grad School and beyond!

2022, Guest Speaker, Odessa Middle School

Topic: Psychoeducation related to bullying and eating disorders

2018, Panel Speaker, Prairie View A&M University Graduate Studies Orientation

Topic: Student Success in Graduate School

Professional Membership

Present, American Psychological Association

Present, Coalition of Black Faculty and Staff, Texas State University

2023, Emerging Leaders Mentoring (TPA)- Mentee

2021-2023, Texas Psychological Association

2018-2022, Society for the Psychology of Women (APA Division 35)

2018-2021, Society of Clinical Child and Adolescent Psychology (SCCAP)